

Calendar of Events 2009/2010 for HSOBC & GB Junior Candidates

Please note: Dates may be changed.

Sept	Tues - Sat	1st - 5th	U23 Start of Season Camp	Caversham
	Fri to Wed	4th - 9th	Pre season Fun Camp. See senior training page on web site.	J14s to Seniors
	Thu	10	Terms Resumes.	School
	Mon and Fri	14th and 18th	1st assessment (Holiday training): Flexibility & Run	J13s to Seniors
	Tue	15	Novice Rowing Parents Evening. 5pm to 7pm.	Novices & New Parents
	Wed	16	Rowing Parents Evening (Those who have been at HSOBC before): 6pm to 7pm.	J13s, J14s, J15s, J16s, Snrs
	Sat	19th	Junior Wash-up meeting	Coaches
	Sat/Sun	19th/ 20th	Junior Coaches Conference	Coaches
	Mon	21st	1st assessment (Holiday training): Core and Flexibility. 2km @ 24.	J13s to Seniors
	Wed	23rd	1st assessment (Holiday training): 30min ATT.	J13s to Seniors
Sat/ Sun	26th/27th	HSOBC 1st Sculling Trial.	J13s to Seniors	
Oct <small>* girls excused from School.</small>	Sat	03	Rowing Parents and Athletes Barbeque. 12pm - 3pm.	Nov to Snrs & Parents
	Sat	10	Eversham Junior Head	J13s
	Sun	11	Reading Small Boats Head	J13s to Seniors
	By Mon	19th	1st ergo test (1k for J13s & 14s; 2km for J15s to Snrs @ 24)	J13s to Seniors
	Sat/Sun	17th - 18th	Head of the Charles	USA
	Sat	17	Pairs Head	J16s, Snrs
	Sat to Mon	17th-19th	JW Potential camp	NWSC
	Tues to Thurs	20th - 22nd	JM Potential camp	NWSC
	Fri	23	Half Term Starts	School
	By Mon	02 (Btw 23rd and 2nd)	2nd HSOBC Sculling Trials.	J13s to Seniors
	DTBC	DTBC	Upper Thames Small Boats Head (TBC)	J13s to Seniors
	Sat/Sun	24th/25th	Senior LD Trials	Boston
	Nov	Sun	04	Upper Thames Small Boats Head
Mon		02	Half Term Ends	School
Sat		7th	Henley Junior Head	J13s
Sat		14th	Pangbourne	J14s, J15s and Some J16s
Sat		14th	Fours' Head (1.30pm)	J16s, Snrs
Sat		21st	Early ID long distance trial	GB Girls
Sun		22nd	National Indoor Rowing Championships	Birmingham
Sat		28	Hampton Small Boats Head	J14s, J15s, J16s, Snrs
TBC		TBC	Wallingford 4s and 8s Head	TBC
Dec	Sat	5th	HSOBC Sculling Trial.	J15s to Seniors.
	Sun	6th	HSOBC Sculling Trial.	J13s to J15s.
	Sun	6th	JM & JW Training Day	Caversham or Dorney (TBC)
	By Mon	7th	2nd ergo test (15min ATT @20 J13s-J14s. J15s to Snrs: 5k @ 26)	J13s to Seniors.
	Sat and Sun	12th and 13th	HSOBC Pairs Trial.	J14s to Seniors.
	Sat to Sat	12th - 19th	Junior Potential Camp	Nantes (TBC)
	Wed	16th	Term Ends	School
	Thurs to Sat	16 - 19th	Headington Dec Camp (DORNEY). - Non Residential.	J15s to Seniors.
Thurs to Sat	16 - 19th	Junior Camp: J13s to J14s: Non Residential.	J13s to J14s	
Sat	19th	Senior LD Trials	Boston	
Jan	Thu	07	Terms Resumes.	School
	Sat	30th	GB Team Dinner	Invitation only.
	Sun	31st	Thames Valley Trial Head	J13s, J15s, J16s and Snrs
Feb	By Mon	1st	3rd ergo test (15min ATT @20 J13s-J14s. J15s to Snrs: 5k @ 26)	J13s to Seniors.
	Sat	6th	Hampton Head	J14s to Seniors
	Sun	7th	South of England Indoor Rowing Championships	Nov to J16s
	Sun	7th	GB Training Day	GB Group
	Sat	17	Peterborough Head of the Nene.	J15s, J16s, Snrs
	Fri	12	Half Term Starts	School
	Sat	13th	HSOBC Pairs and seat racing assessment. Schools/Scullers Head.	J14s to Seniors
	Sat	13th	Henley 4s Head	J15s, J16s, Snrs
	Sun	14th	HSOBC Pairs and seat racing assessment. Schools/Scullers Head.	J14s to Seniors
	Mon	15th	HSOBC Pairs and seat racing assessment. Schools/Scullers Head.	J14s to Seniors
	Sat/Sun	20/21st	GB Long Distance Trials	Boston
	Mon	22	Half Term Ends	School
	Sat	27th	HSOBC Pairs and seat racing assessment. Schools/Scullers Head.	J14s to Seniors
	Sun	27th	HSOBC Pairs and seat racing assessment. Schools/Scullers Head.	J14s to Seniors
March <small>* girls excused from School.</small>	Sat	06	Reading University Head (Reason: too close to the schools Head)	J14s, J15s, J16s, Snrs
	Wed	40	National Junior Sculling Head - Henley (Moved to the 12th)	J14s, J15s, J16s, Snrs
	Thurs	11	Schools' Head - Tideway. London.	J15s, J16s, Snrs
	Fr	12	National Junior Sculling Head - Dorney	J13, J14s, J15s
	Sat	13	Women's Eights Head 3pm. London. Tideway.	J15s, J16s, Snrs
	By Mon	22nd	4th ergo test (1k for J13s. 14s to Snrs 2km @ Free Rate)	J13s to J15s Seniors
Fri	26	Term Ends	School	
Sat - Mon	27th - 29th	Spring Assessment - JW and JM Scullers	GB Girls	
March	Sat - Mon	27th - 29th	HSOBC Final Trials (1). Rowing Camp: Dorney Lake	J15s to Seniors
	Tues & Wed	30th - 31st	HSOBC Final Trials (2). Rowing Camp: Dorney Lake	J15s to Seniors

April	Thurs	1st	HSOBC FINAL Trials (3). Rowing Camp: Dorney Lake	J15s to Seniors
	Friday	2nd	Load Trailer for Rowing Camp. Godstow.	Rowing Camp Group
	Sat/Sun	3rd/4th	Pre-Munich Training Days	
	Sat to Wed	3rd - 7th	No Rowing	The boat club
	Sun	4th	Easter Sunday	
	Tues	5th	Trailer Departs for Rowing Camp	Boatman
	Thurs	08	Rowing Camp Starts - Confirmed. J14 Final Trials on the 9th.	J14s, J15s, J16s, Snrs
	Thu	15	Rowing Camp Ends - Confirmed.	J14s, J15s, J16s, Snrs
	Fri to Mon	16th to the 19th	NO ROWING.	
	Tue	20	Term Starts	School
	Sun	25th	GB Small Boats Regatta - Dorney Lake	

May	Sun	2nd	Wallingford Regatta	J14s to Seniors
	Mon	3rd	Pre Munich Training Day - BANK HOLIDAY.	
	Fri	7th	Munich Junior Regatta depart.	GB
	Sat/Sun	8th/9th	Munich Junior Regatta	GB
	Sat/Sun	8th/9th	Gent Regatta???	
			Selection Confirmation ergo test (1k: J13s. 14s-Snrs 2km @ 30+)	
	Sun	16	Maidenhead Junior Regatta	Nov, J13s, J14s
	Thur	27th	J14s and J15s Depart for National Schools at 4pm.	J14s and J15s
	Fri	28	Half Term Ends	School
	Fri to Sun	28th - 30th	National Schools' Regatta	

June	Thurs/Fri/Sat	3rd/4th/5th	Potential JWC Team - Training Days (incl. Met. Regatta??)	GB Girls
	Mon	07	Term Starts	School
	Sat / Sun	12th and 13th	Reading Amateur Regatta (J14s to Snrs - Sat) / (Nov (TBC) and J13s - Sun)	Nov?? to Snrs
	By Mon	14th	5th ergo test (1k for J13s. 14s to Snrs 2km @ Free Rate)	J13s to J15s Seniors
	Sat/Sun	19-20th	Henley Women's Regatta	J15s, J16s, Snrs
	Sat to Tue	26th - 29th	Final Trials - JW Sweep and JW Scullers	GB trialists
	Sun	27th	GB/France Selection Trials	GB trialists
	Sat	26th	Peterborough J14/J13 Regatta.	J14s/J13s
	Fri	25th	Henley Royal Regatta (Qualifiers): 4pm	1st 8+ ?/Composite crew
	Weds - Sun	30th - 4th	Henley Royal Regatta (If Qualified)	

July	Sat	10	Term Ends	School
	Weds - Sun	7th - 11th	Final Trials - JM Sweep and JM Scullers	
	Thurs - Mon	8th - 12th	GB v France Training Camp	
	Sun	11th	GB v France J16 Match	France
	Sun to Sat	11th - 31st	Pre-Worlds Training Camp	
	Fri to Sun	16th - 18th	National Championships (TBC)	
	Sun - Thurs	25th - 29th	Coupe Training Camp	
	Sat	31st	Travel to WJRC	
	Fri/Sat/Sun	30th/1st/2nd	Coupe de la Jeunesse	Hazewinkel, Belgium
	Weds to Sat	4th - 7th	World Junior Rowing Championships	Racice, Czech Republic

Sat to Tues	14th - 26th	Youth Olympic Games	Singapore
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Please note: Dates may be changed.

Sept	Fri to Wed	4th - 9th	Pre season Fun Camp. See senior training page on web site.	J14s to Seniors
	Tue	07	Staff Inset Day	Coaches
	Wed	08	Staff Inset Day	Coaches
	Thu	09	Terms Resumes.	School
	Mon and Fri	14th and 18th	1st assessment (Holiday training): Flexibility & Run	J13s to Seniors
	Tue	14	Novice Rowing Parents Evening. 5pm to 7pm.	Novices & New Parents
	Wed	15	Rowing Parents Evening (Those who have been at HSOBC before): 6pm to 7pm.	J13s, J14s, J15s, J16s, Snrs
	Thurs	25	Isis Sculls - possible.	J13, J14, J15
	TBC	TBC	Junior Wash-up meeting	Coaches
	TBC	TBC	Junior Coaches Conference	Coaches
	TBC	TBC	1st assessment (Holiday training): Core and Flexibility. 2km @ 24.	J13s to Seniors
	TBC	TBC	1st assessment (Holiday training): 30min ATT.	J13s to Seniors
	TBC	TBC	HSOBC 1st Sculling Trial.	J13s to Seniors

Oct			Rowing Parents and Athletes Barbeque. 12pm - 3pm.	Nov to Snrs & Parents
	Fri	10	Reading Small Boats Head	J13s to Seniors
	Sat	16	Pairs Head	J16s, Snrs
	Sat	16	Eversham Junior Head	J13s
	TBC	TBC	1st ergo test (1k for J13s & 14s; 2km for J15s to Snrs @ 24)	J13s to Seniors
	Thu	21	Depart for Head of the Charles	
	Wed	22	Half Term Starts	School
	Sat / Sun	23-24	Head of the Charles	USA
	TBC	TBC	JW Potential camp	NWSC
	TBC	TBC	JM Potential camp	NWSC
	TBC	TBC	2nd HSOBC Sculling Trials.	J13s to Seniors
	Sun	31	Upper Thames Small Boats Head (TBC)	J13s to Seniors
	TBC	TBC	Senior LD Trials	Boston

Nov	Sun	01	Half Term Ends	School	
	Sat	06	Henley Junior Head	J13s	
	Sat	13	Pangbourne	J14s, J15s and Some J16s	
	Sun	14	Fours' Head (1.30pm)	J16s, Snrs	
	TBC	TBC	Early ID long distance trial	GB Girls	
	TBC	TBC	National Indoor Rowing Championships	Birmingham	
	Sat	27	Hampton Small Boats Head	J14s, J15s, J16s, Snrs	
Dec	Sun	05	Wallingford 4s and 8s Head	TBC	
	TBC	TBC	HSOBC Sculling Trial.	J15s to Seniors.	
	TBC	TBC	HSOBC Sculling Trial.	J13s to J15s.	
	TBC	TBC	JM & JW Training Day	Caversham or Dorney (TBC)	
	TBC	TBC	2nd ergo test (15min ATT @20 J13s-J14s. J15s to Snrs: 5k @ 26)	J13s to Seniors.	
	TBC	TBC	HSOBC Pairs Trial.	J14s to Seniors.	
	TBC	TBC	Junior Potential Camp	Nantes (TBC)	
	Wed	15	Term Ends	School	
	TBC	TBC	Headington Dec Camp (DORNEY). - Non Residential.	J15s to Seniors.	
TBC	TBC	Junior Camp: J13s to J14s: Non Residential.	J13s to J14s		
TBC	TBC	Senior LD Trials	Boston		
Jan	Wed	05	Staff Inset		
	Thu	06	Terms Resumes.	School	
	TBC	TBC	GB Team Dinner	Invitation only.	
	Sun	30	Thames Valley Trial Head	J13s, J15s, J16s and Snrs	
Feb	TBC	TBC	3rd ergo test (15min ATT @20 J13s-J14s. J15s to Snrs: 5k @ 26)	J13s to Seniors.	
	Sat	05	Hampton Head	J14s to Seniors	
	Sat	05	Peterborough Head of the Nene	J15s, J16s, Snrs	
	TBC	TBC	South of England Indoor Rowing Championships	Nov to J16s	
	TBC	TBC	GB Training Day	GB Group	
	Fri	18	Half Term Starts	School	
	TBC	TBC	HSOBC Pairs and seat racing assessment. Schools/Scullers Head.	J14s to Seniors	
	Sat	19	Henley 4s & 8s Head	J15s, J16s, Snrs	
	TBC	TBC	HSOBC Pairs and seat racing assessment. Schools/Scullers Head.	J14s to Seniors	
	TBC	TBC	HSOBC Pairs and seat racing assessment. Schools/Scullers Head.	J14s to Seniors	
	TBC	TBC	GB Long Distance Trials	Boston	
	Mon	28	Half Term Ends	School	
	TBC	TBC	HSOBC Pairs and seat racing assessment. Schools/Scullers Head.	J14s to Seniors	
	TBC	TBC	HSOBC Pairs and seat racing assessment. Schools/Scullers Head.	J14s to Seniors	
March	Sat	12	Reading University Head (Reason: too close to the schools Head)	J14s, J15s, J16s, Snrs	
	Thu	17	Schools' Head - Tideway (Date TBC)	J15s, J16s, Snrs	
	TBC	TBC	National Junior Sculling Head - Henley	J14s, J15s	
	Sat	19	Women's Eights Head 3pm	J15s, J16s, Snrs	
	TBC	TBC	4th ergo test (1k for J13s. 14s to Snrs 2km @ Free Rate)	J13s to J15s Seniors	
	TBC	TBC	Spring Assessment - JW and JM Scullers	GB Girls	
April	Fri	01	Term Ends	School	
	Fri	02	HSOBC Final Trials (2). Rowing Camp: Dorney Lake	J15s to Seniors	
	Sat	03	HSOBC FINAL Trials (3). Rowing Camp: Dorney Lake	J15s to Seniors	
	Sun	04	HSOBC FINAL Trials (4). Rowing Camp: Dorney Lake		
	Mon	05	Load Trailer for Rowing Camp. Godstow.	Rowing Camp Group	
	TBC	TBC	Pre-Munich Training Days		
	TBC	TBC	No Rowing	The boat club	
	TBC	TBC	Easter Sunday		
	TBC	TBC	Trailer Departs for Rowing Camp	Boatman	
	Tue	12	Rowing Camp Starts.	J14s, J15s, J16s, Snrs	
	Tue	19	Rowing Camp Ends - Confirmed.	J14s, J15s, J16s, Snrs	
	Sun	24	Easter Sunday		
		Tue	26	Staff Inset	
	Wed	27	Term Starts	School	
	TBC	TBC	GB Small Boats Regatta - Dorney Lake		
	May	Mon	02	Pre Munich Training Day???????????? - BANK HOLIDAY.	
		Fri		Munich Junior Regatta - Depart	GB
TBC		TBC	Munich Junior Regatta	GB	
TBC		TBC	Gent Regatta???		
TBC		TBC	Selection Confirmation ergo test (1k: J13s. 14s-Snrs 2km @ 30+)		
TBC		TBC	Wallingford Regatta	J13, J14s to Seniors	
TBC		TBC	Maidenhead Junior Regatta	Nov, J13s, J14s	
TBC		TBC	J14s and J15s Depart for National Schools at 4pm.	J13s, J14s and J15s	
Thu		27	Half Term Starts	School	
TBC	TBC	National Schools' Regatta			
June	TBC	TBC	Potential JWC Team - Training Days (incl. Met. Regatta??)	GB Girls	
	Mon	06	Half Term Ends	School	
	TBC	TBC	Reading Amateur Regatta	Nov?? to Snrs	
	TBC	TBC	5th ergo test (1k for J13s. 14s to Snrs 2km @ Free Rate)	J13s to J15s Seniors	
	TBC	TBC	Henley Women's Regatta	J15s, J16s, Snrs	
	TBC	TBC	Final Trials - JW Sweep and JW Scullers		
	TBC	TBC	GB/France Selection Trials		
TBC	TBC	Peterborough J14/J13 Regatta.	J13s and J14s		

girls excused

* girls excused from School.

July	TBC	TBC	Henley Royal Regatta (Qualifiers): 4pm	1st 8+ ?/Composite crew
	TBC	TBC	Henley Royal Regatta (If Qualified)	
	Sat	09	Term Ends	School
	TBC	TBC	Final Trials - JM Sweep and JM Scullers	
TBC	TBC	GB v France Training Camp		
TBC	TBC	GB v France J16 Match		France
TBC	TBC	Pre-Worlds Training Camp		
TBC	TBC	National Championships (TBC)		
TBC	TBC	Coupe Training Camp		
TBC	TBC	Travel to WJRC		