

London Regatta Centre (E16 2QT):

What happens there:

1) Poplar Regatta.

The London Regatta Centre (owned by the Royal Albert Dock Trust) is located in the heart of the Docklands area in the east end of London. It is built at the west end on the north of the historic Royal Albert Dock directly opposite London City Airport. The centre is well served by public transport being only two minutes from Royal Albert Docklands Light Railway station and also has good road connections to the North Circular Road (A406) M11 and M25.
























From Oxford: Take the M40 towards London. Then take the M25 in a clockwise direction. Take the M11 South towards London.

Stay in the left hand lane when the M11 forks (signposted the A406 North circular – Royal Albert Docks).























At the Roundabout, take the A1020 signposted Royal Docks Road. At the next Roundabout, take the A1020. At the third roundabout, turn left (A big glass building will be in front of you). Then turn right and follow the road for 500m along Dockside Road). Follow signs for The London Regatta Center.










Post Code: E16 2QT

London Regatta Center (Directions from AA website):

| Travel and (miles) then | | to take | show map | total (miles) |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------|-------------|---------------------------------------------------------------------------------------|---------------|
| 0.00 | Start out at OX3 7TD,Headington | A420 |  | 0.00 |
| 0.40 | Shell Headington  | A420 |  | 0.40 |
| 0.71 | At Headington Roundabout take the 3rd exit onto the A40 | A40 |  | 1.11 |
| 4.27 | Oxford Service Area (WELCOME BREAK)  | A40 |  | 5.38 |
| 1.74 | Bear left onto the M40 | M40 |  | 7.12 |
| 16.29 | Holiday Inn (High Wycombe M40, Jct.4)  | M40 |  | 23.41 |
| 13.50 | Continue forward onto the A40 | A40 |  | 36.91 |
| 0.62 | At Swakeleys Roundabout continue forward through underpass | A40 | | 37.53 |
| 0.27 | Warning: Speed Cameras along the A40  | A40 |  | 37.80 |
| 3.84 | At Target Roundabout Junction continue forward onto the A40 (signposted Central London) | A40 | | 41.64 |
| 1.11 | Speed Cameras (RP)  | A40 |  | 42.74 |
| 0.53 | Shell Roundabout (Junction with A4127)  | A40 |  | 43.28 |
| 0.69 | At Perivale Junction continue forward through underpass | A40 | | 43.96 |
| 1.55 | Holiday Inn (London-Ealing)  | A40 |  | 45.51 |
| 0.90 | Travelodge (London Park Royal)  | A40 |  | 46.40 |
| 0.93 | At Gipsy Corner continue forward onto the A40 | A40 | | 47.34 |
| 0.75 | At Savoy Circus continue forward onto Westway (signposted C. London, Shepherd Bush) | A40 | | 48.09 |
| 3.46 | At Marylebone Flyover continue forward | A40 | | 51.54 |
| 0.32 | Continue forward onto the A501 | A501 |  | 51.86 |
| 0.08 | Travelodge (London Marylebone)  | A501 |  | 51.94 |
| 0.28 | At Baker Street Junction, traffic signals continue forward (signposted Ring road, The | A501 | | 52.22 |

City, Kings Cross)

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|------|---------------------------------------------------------------------------------------------------------------------------------|-------|---------------------------------------------------------------------------------------|-------|
| 0.66 | Holiday Inn (London-Regents Park)  | A501 |  | 52.88 |
| 0.06 | Warning: Speed Cameras along the A501  | A501 |  | 52.94 |
| 0.01 | At Euston Underpass, continue forward (signposted Ring road, Kings Cross) | A501 | | 52.96 |
| 0.52 | Travelodge (Euston)  | A501 |  | 53.48 |
| 0.40 | At Kings Cross, traffic signals continue forward onto the A501 (signposted Ring road (E), The City) | A501 | | 53.88 |
| 0.70 | At Angel Junction, traffic signals continue forward onto the A1 (signposted Ring Road, Shoreditch, The City) | A1 |  | 54.58 |
| 0.54 | Warning: Speed Cameras along the A1  | A1 |  | 55.12 |
| 0.39 | At Old Street Roundabout take the 1st exit onto the A5201 (signposted Ring road (E)) | A5201 |  | 55.51 |
| 0.14 | Express by Holiday Inn (London City)  | A5201 |  | 55.65 |
| 0.02 | At traffic signals continue forward (signposted Ring road, Docklands, City Airport) | A5201 | | 55.68 |
| 0.00 | Continue forward onto the A5202 | A5202 |  | 55.68 |
| 0.07 | Express by Holiday Inn (London City)  | A5202 |  | 55.75 |
| 0.29 | Continue forward onto the A1202 | A1202 |  | 56.05 |
| 0.60 | Turn left (one-way) onto the A11 | A11 |  | 56.65 |
| 0.03 | Keep in right hand lane then bear right and immediately | A11 | | 56.68 |
| 0.04 | Bear left onto the A13 (signposted Tilbury, City Airport, Blackwall Tunnel) | A13 |  | 56.72 |
| 0.62 | Warning: Speed Cameras along the A13  | A13 |  | 57.33 |
| 0.73 | Limehouse and DLR Railway Stations | A13 | | 58.06 |
| 0.06 | Express by Holiday Inn (London Limehouse)  | A13 |  | 58.13 |
| 0.44 | At traffic signals continue forward (signposted Canning Town) | A13 | | 58.57 |
| 0.76 | At traffic signals continue forward | A13 | | 59.33 |
| 0.13 | Keep in right hand lane and bear right onto the A13 (signposted Tilbury, Barking, Docklands) | A13 | | 59.47 |

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|------|------------------------------------------------------------------------------------------------------------------------------------------|---------------|--------------------------------------------------------------------------------------|-------|
| 0.37 | At traffic signals continue forward | A13 | | 59.83 |
| 0.05 | Express by Holiday Inn (London Royal Docks/ Docklands)  | A13 |  | 59.88 |
| 0.02 | Keep in right hand lane then bear right onto the A13 to cross flyover | A13 | | 59.90 |
| 1.38 | At Prince Regent Junction branch left and at traffic signals turn right onto the A112 (signposted Custom, Silvertown) | A112 |  | 61.28 |
| 0.02 | At Prince Regent Junction continue forward onto (signposted Silvertown, City Airport) | A112 | | 61.30 |
| 0.29 | Warning: Speed Cameras along the A112  | A112 |  | 61.59 |
| 0.24 | At Prince Regent DLR Station, traffic signals turn left | A112 | | 61.83 |
| 0.26 | At roundabout take the 3rd exit onto Festoon Way | Festoon Way |  | 62.08 |
| 0.28 | Turn left | Unclassified |  | 62.36 |
| 0.03 | Continue forward onto Dockside Road | Dockside Road |  | 62.39 |
| 0.06 | Arrive at E16 2QT, Canning Town | Unclassified |  | 62.45 |
| - | Section time 1:52, Total time 1:52 | - | - | - |